

## View SciSat-1 launch on NASA television 8:30 p.m. tonight



## Next Station crew to talk to media Aug. 14 on NASA TV

▲ **SciSat-1 to launch tonight:** NASA Television will capture the SCISAT launch scheduled for liftoff at 10:10 p.m. EDT from Vandenberg AFB. Coverage begins at 8:30 p.m. For further multimedia information, call 867-2468 or visit <http://www.nasa.gov/multimedia/highlights/index.html>.

▲ **ISS Update:** Aug. 4, the crewmembers passed the 100-day mark on orbit since their launch to the Station April 26. The crew is scheduled to return to Earth in late October aboard the same Soyuz vehicle they arrived in. The Expedition 8 crew, U.S. astronaut Michael Foale and Russian cosmonaut Alexander Kaleri, will replace the Expedition 7 crew. Foale and Kaleri are scheduled to launch to the Station Oct. 18 aboard a Russian Soyuz spacecraft, along with European Space Agency astronaut Pedro Duque of Spain. Duque will then return to Earth with the Expedition 7 crew after completing more than a week of science activities aboard the Station.

Foale, Kaleri and Duque will talk to reporters about their upcoming mission during a news conference at 3 p.m. EDT, Thursday, Aug. 14, which will be broadcast on NASA TV from the Johnson Space Center, Houston.

◆ **Time is running out** – KSC Bi-Annual Environmental & Energy Awards Call nominations are due **Aug. 22**. For nomination forms contact Barbara Naylor at 867-8452 or e-mail [Barbara.A.Naylor@nasa.gov](mailto:Barbara.A.Naylor@nasa.gov). The award is given to an individual or team recognizing their contributions and/or successful operations in preserving the environment, conserving energy, and reserving natural resources while reaching for the stars. Nominations to the Environmental & Energy Awards Program are due by close of business Friday, Aug. 22. The Bi-Annual Awards Ceremony should take place sometime in late September or early October.



◆ **Reminder for KSC triathletes** – The KSC Indoor Triathlon is being held *through Aug. 29*. **Distance Triathlon/individual or team:** 10-mile cycle on the upright bike; 2000 meter row on the Concept

II rower; 3.1 miles (5k) on the treadmill. **Sprint Triathlon/individual only:** 5-mile cycle on the upright bike; 1000 meter row on the Concept II rower; 2 miles on the treadmill. Individuals and relay teams may register for this event. Relay teams can only participate in the distance triathlon and they must specify team members with their respective events. Individual competitors may not rest between segments. Participants should bring a water bottle so they do not have to go to the water fountain. Triathletes should move from one exercise to the next as quickly as possible because transition time **will** be included in the total time. All participants should sign up for a time slot during non-peak hours in August to ensure availability of exercise equipment. You may participate as many times as you would like during the month. Exercise must be completed in the presence of a staff member who will act as the official timer. Times for each exercise segment will be recorded and totaled. All event finishers will receive a certificate of completion as well as be eligible for prizes. Please call with questions or visit the web site <http://www.fitness.ksc.nasa.gov/CurrentEvents/june.html>

◆ **Did You Know?** There is a change of location for the Thursday, Aug. 14, cardiovascular screening – it will be held at the Occupational Health Facility (OHF), 7 to 8 a.m. If you have any questions, please contact Carol Roth, 867-3414, e-mail Roth-1, Carol.